

CHILDREN AND YOUNG PEOPLE’S TRUST			
Meeting title	Children and Yong People Trust		
Meeting date	25 th November 2009		
Report sponsor	Stephanie Ramsey Lead for Be Healthy		
Report title	Health and Well-being Strategy 2009-12		
Report author	Stephanie Ramsey Lead for Be Healthy		
Paper approved by Trust Steering Group	Approval not required.	Paper approved by Children and Young People’s Trust Executive	Approval not required.

1 INTRODUCTION

1.1

The Southampton Health & Wellbeing Partnership has produced it’s strategic plan for the city’s health and wellbeing covering the period 2009-12 in order to address a number of local priorities for action that were identified in the Joint Strategic Needs Assessment

1.2

There are key areas of overlap in strategic priorities with the Children and Young people’s plan as one of the key Strategic Priorities is:

“Achieving a healthy start in life - ensuring that every child and young person in Southampton will be given the opportunity to have the healthiest possible start in life and be supported to make healthy lifestyle choices.”

1.3

Full copies of the Health & Well-being Strategic Plan and a Summary are now available in print and on the Southampton Partnership web pages:

www.southampton-partnership.com/healthysouthampton

2 RECOMMENDATIONS

2.1

Children and Young People’s Trust are asked to note the Health and Well-being Strategic Plan and the joint accountability for the Strategic Priority.

Children and Young People’s Trust are asked to agree the joint accountability for the shared Strategic Priority.

2.3 Children and Young People's Trust are asked to endorse the actions identified.

3 DETAIL

The purpose of the Health & Well-being Partnership is to:

- act as the lead delivery partnership for the City's Local Area Agreement in respect of health and care outcomes
 - ensure delivery of key priority programmes arising from the Joint Strategic Needs Assessment and identified in the Health & Wellbeing Joint Commissioning Strategy
- 3.1
- provide strategic leadership for the City's health and social care system through monitoring and management of jointly agreed performance targets
 - enable exchange of ideas and practice at the highest level in promoting the best possible levels of health and wellbeing for all Southampton's residents

The Southampton Health & Wellbeing Partnership has produced this strategic plan for the city's health and wellbeing covering the period 2009-12 in order to address a number of local priorities for action that were identified in the Joint Strategic Needs Assessment

3.2 The Joint Strategic Needs assessment (JSNA) undertaken by the city council and NHS Southampton in 2008 identified a number of common themes requiring a collaborative approach. These have been used to establish five strategic priorities for action:

1. Achieving a healthy start in life
2. Ensuring better health for all
3. Living later life to the full
4. Promoting independence and choice
5. Achieving better mental health

3.3 Eleven delivery programmes underpin these strategic priorities which are supported by a series of action plans. They relate closely to the performance management arrangements for the city's Local Area Agreement targets in respect of health, social care and wider well-being.

3.4 The first strategic priority is "Achieving a healthy start in life". Ensuring that every child and young person in Southampton will be given the opportunity to have the healthiest possible start in life and be supported to make healthy lifestyle choices.

3.5 Actions to achieve this are:

- A significant and sustained reduction in the number of teenage conceptions, an improvement in young people's sexual health and a reduction in sexually transmitted infections
- An improvement in the emotional wellbeing of children and young people
- A reduction in the numbers of young people involved in substance misuse, particularly in relation to alcohol

- A significant improvement in poor rates of oral health amongst children and young people across the city, particularly in the most deprived areas where rates are significantly worse than average
- A reduction in child obesity and promotion of a healthy weight

3.6 These lead for these actions will be the Be Healthy steering group of the Children and Young People's Trust. A representative of the Be Healthy Group is a member of the Health and Well-being Partnership.

3.7 A number of sub groups to the Health and Well-being Partnership will lead the work required to achieve the outcomes for the remaining priorities:

- Healthy Living Group - will have a key co-ordination role in the delivery of elements of the ensuring better health for all and tackling inequalities and the living later life to the full programmes. This group would work very closely with the Children and Young People's Trust Be Healthy Steering Group, the Communities & Renewal Partnership and the Later Years Partnership and Active Southampton.
- Putting People First Group - will be established to provide a critical role in ensuring delivery of key elements of the taking control and promoting independence and the securing better mental health programmes (particularly in respect of enabling more people to live healthily for as long as possible in their own homes). It will also play a useful role in co-ordinating action on older people's mental health issues.
- Healthy Environment Group

4 RESOURCES/JOINT COMMISSIONING IMPLICATIONS

4.1 The potential resources available for the achievement of the priorities within the Health and Well-being Plan are currently being identified.

5. IMPACT ACROSS THE FIVE OUTCOMES OF EVERY CHILD MATTERS AND THE PRIORITIES IN THE CHILDREN AND YOUNG PEOPLE'S PLAN 2009

5.1 The Strategic Priorities identified within the Health and Well-being Plan contributes to key vital signs and Children & Young People Plan National Indicators including APA performance.